

HOLMEN VIKING WRESTLING CLUB

UPDATE: 2022-2023

YOUTH WRESTLING SEASON

We will be practicing at Holmen High School for the 2022-2023 season. The anticipated start date is December 5th, 2022. Please read the information below. There have a few changes to the way the program has been organized in previous years, including girls only practice sessions.

- November 1, 2022 - Online registration is open - Please register ASAP
 - Holmen Youth Registration
 - www.holmenwrestling.com click on the Youth Club - 2022-2023 Youth Registration
- Parents Meeting - Will be held the first night of practice for each groups
- Practice Times & Dates - Start Date - December 5, 2022
 - The Season will run through February 14th, for those not competing in the Wisconsin Wrestling Federation tournament series.
 - Mondays
 - Grades Prek-1 (5:30-6:15)
 - Girls Only Grades Prek-8 (5:30-6:30)
 - Tuesdays & Thursdays
 - Grades 2-4 (5:30 - 6:30 PM) Subject to change
 - Grades 5-8 (5:30-7:00 PM) Subject to change
- Holmen Youth Wrestling Tournament
 - Sunday, February 12th, 2023
- Drop-Off/Pick-up ONLY. Only Prek - 1st grade parents are allowed inside the wrestling room.
- Practice Location: Holmen High School - 1001 McHugh Rd., Holmen.
- Participants will use the entrance by the new Fine Arts Center in the parking lot to the East of Empire Stadium.
- \$75.00 per wrestler, Includes USAW Membership and T-Shirt. (Max family cost \$150.00)
- \$150.00 volunteer check. The check will be returned upon completion of required tournament volunteer hours, and the return of the uniform.
- Start date will be communicated once it has been set.

If interested in being a volunteer coach or if you have any questions, please feel free to email the Holmen Viking Wrestling Club at holmenvikingwrestlingclub@gmail.com. Please follow “Holmen Viking Wrestling Club” on Facebook or visit our website for more information.

www.holmenwrestling.com